**Suggestions for Participant Activity Boxes**

The participant activity boxes are used by Purdue University during CDC Local Public Health System Assessments. Some participants actually find it easier to participate if their hands are busy, so we try to provide items for this purpose. The stress balls usually get tossed around for fun. These activity boxes can ease tension and increase attention for some participants.

Fill containers in the meeting room tables with items, such as:

* colored pencils
* copies of pages from 3D Mosaic coloring books for doodling
* stamps and stamp pads
* pipe cleaners
* stress balls
* chocolate and/or candy

For more information, please contact:

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