

### Our Website: http://nmhealth.org/about/sld/



TITLE	PHONE/FAX	COMMENTS
BSB Chief	505-383-9122	Contact for general inquiries
BSB QA Manager	505-383-9154	Contact for quality issues
SLD Front Desk	505-383-9000; 505-383-9150	Contact for general inquiries and if uncertain whom to call
Epidemiology and Response Division (ERD)	505-827-0006	Emergency reporting of diseases
BSB Fax	505-383-9121	
SLD Fax	505-383-9011	
Specimen Receiving Phone	505-383-9068; 505-383-9059; 505-383-9066	For inquiries regarding courier service
Kit Prep Phone	505-383-9056	For request forms and kits
Kit Prep Fax	505-383-9062	For request forms and kits

TITLE	PHONE/FAX	COMMENTS
GM Supervisor	505-383-9128	Contact for inquiries regarding bacteriology, mycobacteriology, and mycology testing
GM Line Supervisor	505-383-9127	Contact for inquiries regarding bacteriology
TB/Mycology Line Supervisor	505-383-9126	Contact for inquiries regarding mycobacteriology and mycology testing
VS Supervisor	505-383-9124	Contact for inquiries regarding virology or serology testing
VS Line Supervisor	505-383-9125	Contact for inquiries regarding virology or serology testing
MB Supervisor	505-383-9130	Contact for inquiries regarding molecular testing
MB Line Supervisor	505-383-9160	Contact for inquiries regarding molecular testing
EM Supervisor	505-383-9129	Contact for inquiries regarding food, water, and dairy testing
EM Line Supervisor	505-383-9104	Contact for inquiries regarding food, water, and dairy testing

#### What is a submitter code?

• Submitter codes are used to determine who the final report is sent to for the requested test. The submitter code is correlated to the submitter name, address, and phone number to ensure the report is sent to the intended recipient.

#### What is a user code?

• User codes determine who is fiscally responsible for the test requested.

#### What is EIP isolate?

• The Emerging Infections Program (EIP) is a collaboration with the CDC to collect isolates that might represent epidemiological patterns from pathogens that cause invasive infections, such as *Streptococcus pneumoniae*, and Group A & B Streptococcus

#### What is specimen source?

- The specimen source identifies the anatomic site from where the specimen originated.
- Examples include blood, BAL, pleural biopsy, NP swab etc.
- This is critical information to ensure that the specimen submitted is appropriate for the testing requested.

#### What is a patient identifier?

- One of the most important aspects of submitting a specimen is having at least two forms of identification on both the specimen and the Clinical Request Form. The patient must be identified and distinguishable from other patients.
- The patient's name, date of birth, and/or the medical record number are considered identifiers.
- The identifiers on the specimen label MUST match those on the Clinical Request Form.

#### **Basic Principles:**

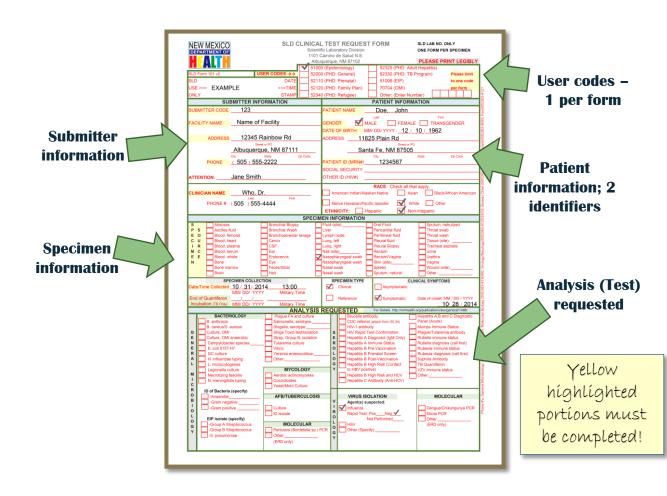
- If possible, collect the specimen in the acute phase of the infection and before antibiotics are administered.
- Select the correct anatomic site for collection of specimen.
- Collect the specimen using the proper technique and supplies with minimal contamination of normal biota.
- Collect the appropriate quantity of specimen
- Package the specimen in a container or transport medium designed to maintain the viability of the organism and avoid hazards that result from leakage.
- Label the specimen accurately with the specific anatomic site and the patient information name and a unique identification number.
- Transport specimen promptly or make provisions to store in an environment that does not degrade suspected organism(s).
- Notify the laboratory in advance if unusual pathogen or agents of bioterrorism are suspected.

# Two Forms of Patient Identifiers on Specimen

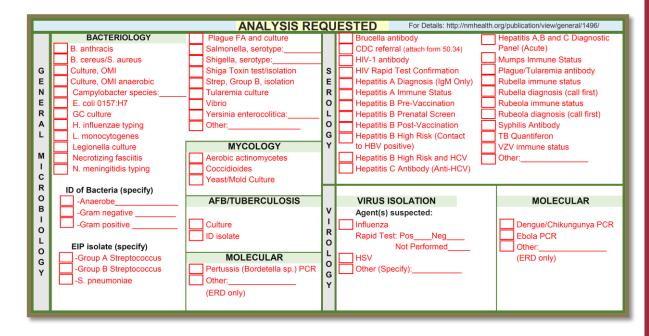


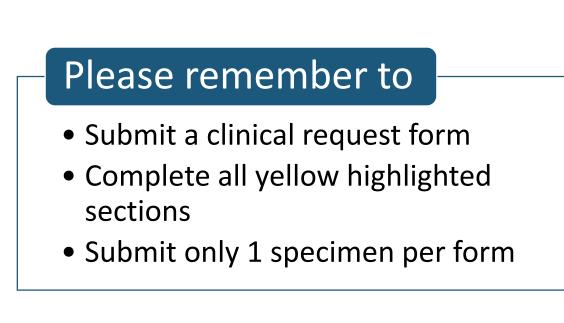
#### Examples:

- Patient name; first and last name count as ONE
- Date of birth
- Hospital number/ Medical Record Number
- Social Security Number
- Requisition number
- Accession number
- Unique random number



# **Analysis (Test) Requested**





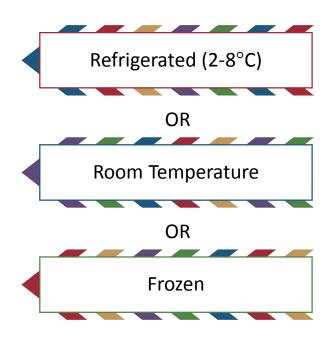
## **DELAYED TESTING = DELAYED RESULTS:**

TEMPERATURE OF SPECIMENS

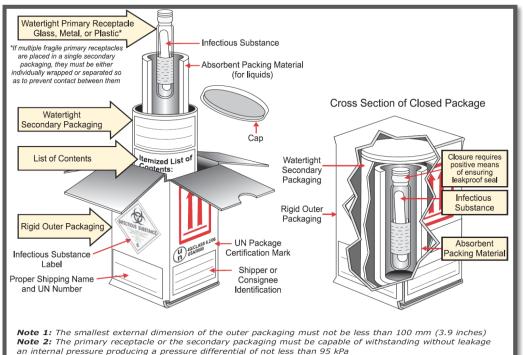
Each specimen is to be maintained and shipped at a specific temperature which is dependent on the type of specimen requirements.

These requirement can be found in the DOS.





#### **Category** A



Note 3: Follow package manufacturer's closure instructions

#### Documented training and certification required to ship Category A

#### Micro-organism

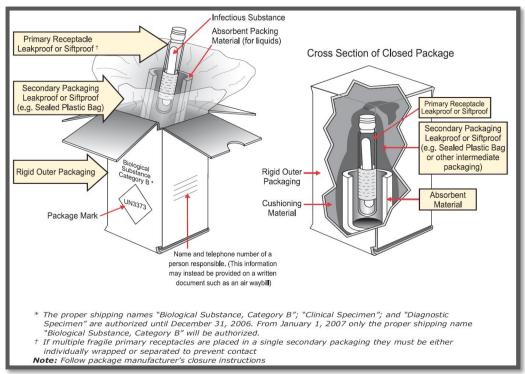
Bacillus anthracis (cultures only) Brucella abortus (cultures only) Brucella melitensis (cultures only) Brucella suis (cultures only) Burkholderia mallei (cultures only) Chlamydia psittaci – avian strains (cultures only) Clostridium botulinum (cultures only) Coccidiodes immitis (cultures only) Coxiella burnetti (cultures only) Crimean-Congo hemorrhagic fever Dengue virus (cultures only) Eastern Equine encephalitis virus (cultures only) Escherichia coli, verotoxigenic (cultures only) Ebola virus Flexal virus Francisella tularensis (cultures only) Guanarito virus Hantaan virus Hantavirus causing hemorrhagic fever with renal syndrome Hendra virus Hepatitis B virus (cultures only) Herpes B virus (cultures only) Human immunodeficiency virus (cultures only) Highly pathogenic avian influenza virus Junin virus Kyasanur Forest disease virus Lassa virus

#### **Category A agents**

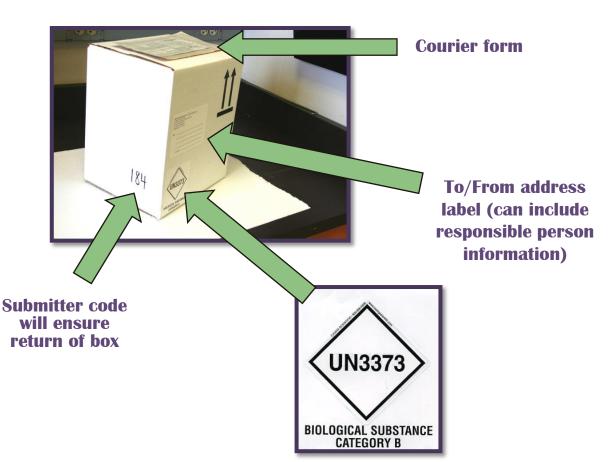
#### **Micro-organism**

Machupo virus Marburg virus Monkeypox virus Mycobacterium tuberculosis (cultures only) Nipah virus Omsk hemorrhagic fever virus Poliovirus (cultures only) Rabies virus (cultures only) Rickettsia prowazekii (cultures only) Rickettsia rickettsii (cultures only) Rift valley fever virus (cultures only) Russian spring-summer encephalitis virus (cultures only) Sabia virus Shigella dysenteriae type 1 (cultures only) Tick-borne encephalitis virus (cultures only) Variola virus Venezuelan equine encephalitis virus (cultures only) West Nile virus (cultures only) Yellow fever virus (cultures only) Yersinia pestis (cultures only)

#### **Category** B



#### Documentation of training recommended



## Shipping with Dry Ice



Affix new no-line label

Ensure box or label says DRY ICE and UN1845

Write quantity of dry ice used

Maximum quantity = 2.5 kg

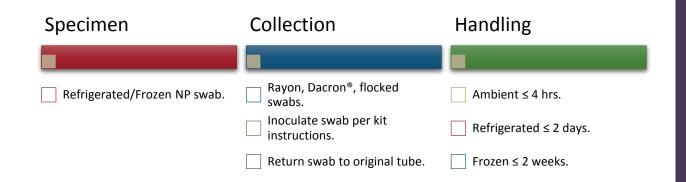
#### **Compromised Specimen**

- Leaking container
- Broken container
- Incorrect shipping temperature
- Errors with specimen
- Incorrect holding time
- Incorrect volume

#### Improperly labeled specimen

- No identifier
- Only one identifier
- Specimen identifier does not match form

#### EACH SPECIMEN HAS SPECIFIC REJECTION CRITERIA LOCATED UNDER EACH TEST IN THE DIRECTORY OF SERVICES



Shipping

#### Specific Rejection Criteria

 Ship with -20°C (-4°F) cold packs following DOT/IATA regulations.
 Calcium-alginate swabs (shown to inhibit PCR).
 Respiratory aspirates or Nasal swabs.
 Swabs in transport medium.

#### Specimen

- NP, nasal, or throat swab
- Nasal aspirate
- Nasal wash
- Dual NP/throat swab
- BAL Culture only, NOT RT-PCR
- Bronchial wash
- Tracheal aspirate
- Sputum
- Lung tissue
- For Collection see Directory of Services

#### Handling

- Delivery to lab  $\leq$  72 hrs = 2-8°C (35 46°F)
- Delivery > 72 hrs =  $-70^{\circ}$ C ( $-94^{\circ}$ F) or on dry ice
- Do not freeze at -20°C (-4°F), such as in a household type freezer.

## **SLD Virus Isolation Kit**



#### **Clinical Request Form**

Specimen bag with outer sleeve

Viral transport medium

2 swabs

Gauze pad



Break off plastic shaft so swab fits within tube. Cap tightly; parafilm/masking tape to seal; refrigerate.



Place specimen, with parafilm and absorbent material, into a zip-lock bag.

Only 1 specimen per bag.



Place form in outer sleeve of zip-lock bag to separate it from specimen, in case of leakage.



Place the bagged specimen in shipping container on ice packs to keep specimen cold until arrival at SLD. If >72 hrs, ship on sufficient dry ice to keep frozen.

#### Specific Rejection Criteria

- Specimens older than 72 hrs and not frozen.
- Calcium Alginate swab for RT-PCR.
- Cotton swabs and/or swabs with wooden shafts for RT-PCR & Virus Isolation.

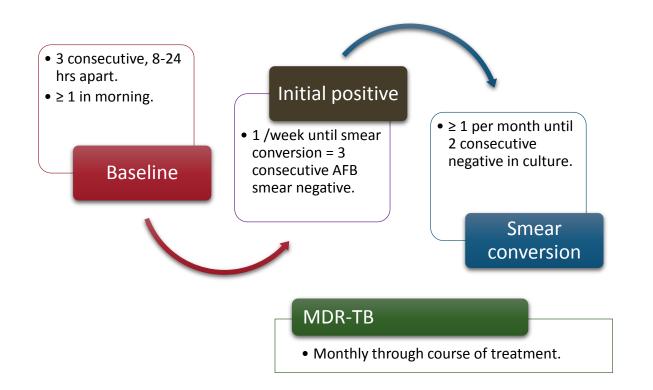
#### **Special Requirements**

- Place specimen in viral transport medium.
- Do not freeze at -20°C (-4°F), such as in a household type freezer.

#### **Specimen Types Accepted by SLD**

Sputum	<ul> <li>Instruct patient on importance of good quality sputum.</li> <li>3-10 ml in a 50 ml tube supplied by SLD kit prep.</li> </ul>
Gastric Lavage	<ul> <li>Neutralize specimen before sending.</li> <li>Notify SLD before collection.</li> </ul>
Stool/Feces	•Notify SLD before sending.
Urine	<ul> <li>3-5 daily, consecutive collections first thing in the morning.</li> <li>Avoid pooled, midstream, or 24 hr collections.</li> </ul>
Tissue	•Collect aseptically and submit in 5 ml sterile saline.
CSF/other sterile body fluids	<ul> <li>Collect aseptically in sterile screw cap tube.</li> <li>Submit 5-50 ml to increase chance of detection.</li> <li>DO NOT SEND BLOOD.</li> </ul>

**Sputum Collection Schedule** 



#### Collection

- See Directory of Services for additional information.
- For questions about sputum collection contact the TB Control Program at (505) 827-2471.

#### Handling

• Refrigerate samples after collection.

#### Shipping

- Ship samples as they are collected. DO NOT BATCH.
- Send cold on ice pack. DO NOT FREEZE.

#### Specific Rejection Criteria

- Broken or leaking tubes.
- Specimen in preservative (formalin).
- Inadequate specimen volume.
- Received on a swab, in a swab transport device, in gauze, paper towel etc.
- Sputum specimens collected <8 hrs apart; urine collected < 1 day apart; specimens > 7 days old upon receipt.
- Improper temperature.
- Evidence of improper handling.

#### **Special Requirements**

- Use sterile 50 ml centrifuge tubes supplied in the collection kit.
- NO Collection cups.
- Legible, completed request form.

# **EIP ISOLATES**

#### Description

- New Mexico Emerging Infections Program (EIP) bacterial isolates requested for Epidemiological Investigation as part of a CDC collaborative study.
- The EIP user code and the test requested are independent of one another.

#### Specimen

- Isolates of *Streptococcus pneumoniae*, Group B Streptococcus, or Group A Streptococcus isolated from sterile sites including blood, CSF, pleural fluid, peritoneal fluid, joint, bone, muscle, and internal body sites.
- Send on appropriate media.
- If specimen not from sterile site, mark Gram negative or positive ID.

#### Shipping

• Cold, on ice pack, or room temperature. DO NOT FREEZE.

#### **Special Requirements**

• On Clinical Request Form: check "EIP Isolate" and write "SPN", "GAS", or "GBS" corresponding to isolate sent.

#### Notifiable conditions in New Mexico

- The list is located here; http://nmhealth.org/publication/view/regulation/372/
- Examples include anthrax, plague, listeria, salmonella. For a complete list see link above.
- ERD must be notified either immediately or routinely at 505-827-0006
- Suspect or confirmed cases of Tuberculosis or Nontuberculosis mycobacteria must be reported to the Tuberculosis Program at 505-827-2473
- Certain isolates/clinical specimens need to be submitted to SLD. See link above for a complete list.

#### **Clinical Request Form** Packaging and Shipping Specimens Correct media/collection Store at required temperature Check appropriate User Code container for specimen until DMC pick up Write in your Submitter Code, Labeled with two identifiers that Call DMC Courier for next day Submitter name, address, and pick-up (1-800-825-7274) correspond with the General phone number **Clinical Test Request Form** Place specimen/s in Styrofoam Clinician Name cooler with appropriate shipping Lids are tightly sealed requirement, i.e. coolie pack, dry Write in patient name, gender, complete date of birth, and ice, or room temperature Stored at the appropriate patient ID (MRN#) conditions Place cooler in cardboard box Check the appropriate Specimen with correct labeling Source box (UN3373/2814, submitter code bottom corner of box, and dry ice Enter date & time of collection sticker if used) (military time) **Fill out Packing List** Select the analysis requested Fill out DMC Courier Form Place Clinical Test Request Form in OUTER sleeve of biohazard bag Put return address on box Any questions contact SLD