Turtlepocalypse 2012



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8th Annual OutbreakNet Meeting August 30, 2012





Brief Salmonella and Turtle History

BACKGROUND

Salmonella

- Most common bacterial cause of foodborne disease in the U.S
 - Meat, poultry, and produce
- Animal Contact
 - Reptiles, amphibians, live poultry
- >2,500 serotypes
- 1 laboratory-confirmed *Salmonella* infection, \geq 16 others



Human Salmonella Infections

- Incubation period 12 to 72 hours
- Illness duration 4 to 7 days
- Acute gastroenteritis: fever, diarrhea, abdominal cramps, vomiting
- Serious illness: meningitis, bloodstream infections, joint infections
- Most do not require treatment other than oral fluids
 - May require rehydration with intravenous fluids
 - Antibiotics not usually needed for treatment

Populations at High-Risk

- □ Children aged <5 years</p>
- □ Persons >65 years
- Immunocompromised persons

Zoonotic Salmonella Infections

- Animals can be a source of Salmonella and other zoonoses
 - Direct contact with infected animals
 - May appear healthy and clean
 - Indirect contact with infected animals
 - Animal environments, contaminated pet food







Pet Ownership Statistics 2011-2012*

□ 72.9 million U.S. households include ≥1 pets

Pet	Households Own Pet	
Dog	46.3	
Cat	38.9	
Small Animal	5.0	
Reptile	4.6	

Turtle-associated Salmonella

- Turtles have long been recognized as a source of human infections
 - Salmonella are found in the normal gut flora
 - Turtles high-risk for young children
 - More likely than other reptiles to be given to young children
 - Frequently in daycares and schools
 - Commonly given as prizes at carnivals
- □ 1960s
 - Turtles were popular household pets
 - ~15 million turtles per year produced on farms



Turtle-associated Salmonella

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 - Salmonella are fo
 - Turtles high-risk f
 - More likely that young children
 - Frequently in d
- □ 1960s
 - Turtles were popul
 - ~15 million turtle



Turtle-associated Salmonella

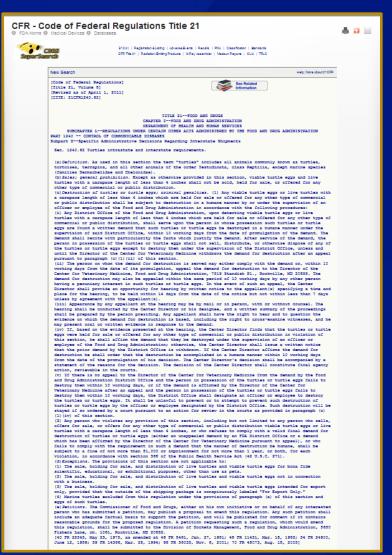
- □ 1970s
 - 4% of households reported having at least one turtle
 - ~280,000 cases of Salmonella each year in the U.S.
 - 14% of Salmonella infections in humans
- Several states passed laws blocking turtle imports
 - Not an effective prevention measure
- In 1975, FDA enacted a ban to protect children from turtle-associated infections



Code of Federal Regulations Title 21

FDA: TURTLE BAN

CFR Code of Federal Regulations Title 21



CFR Code of Federal Regulations Title 21



Prohibit the sale of turtles with a carapace <4 inches

(b) Sales; general prohibition. Except as otherwise provided in this section, viable turtle eggs and live turtles with a carapace length of less than 4 inches shall not be sold, held for sale, or offered for any other type of commercial or public distribution.

commencial or public distribution, shall serve upon the person in whose possession such turties or turtie ages are found as written demand that such turties or turtie ages be destroyed in a human names under the supervision of anid District Office, within 10 verking days from the date of promulgation of the demand. The demand shall restor to the turtie ages and the person also passession of the turties or turtie ages shall not sail, distribute, or otherwise dispuse of any of until the District of the Center for Westernay Heistician withdraws the demand for destruction after an appeal pursuant to paragraph (c) (1) (ii) of this section.

(ii) The person on whom the demand for destruction is served any atther comply with the demand or, within 10 working days from the date of its promulgation, appeal the demand for destruction to the Director of the Center for Verstangs, Tool and formy Administration, 7013 Tennials 21, 70, Recivilla, 80 (2015). The demand for destruction may also be appealed within the same period of 10 verking days by any other person the contract of the person of the center for Verstang theories, Tool and formy Administration, 7013 Tennials 21, 71, Recivilla, 80 (2015). The demand for destruction may also be appealed within the same period of 10 verking days by any other person the contraction may also be appealed within the asset period of 10 verking days by any other person and the contraction may also be appealed within the same period of 10 verking days by any other person and the contraction may also be appealed within the same period of 10 verking days by any other person and the contraction may be appealed to the contraction of the con

Purchase <u>is</u> acceptable for "...bona fide, scientific, educational, or exhibitional purposes..."

destroy them within 10 working days, or if the demand is affirmed by the Director of the Center for

- (d) Exceptions. The provisions of this section are not applicable to:
- (1) The sale, holding for sale, and distribution of live turtles and viable turtle eggs for bona fide scientific, educational, or exhibitional purposes, other than use as pets.

with a Numicas.

(j) The main, building for sais, and distribution of live turbles and visible turble aggs intended for export only, provided that the outside of the shipping package is companiously labeled "For Export Only."

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Results of the Ban

- □ 1980s
 - ~100,000 reptile-associated Salmonella infections in children annually were prevented in the U.S among children ages 1-9 years
 - Production declined to ~2 million turtles each year from ~15 million in the 1960s
- Small turtles remain available in pet shops, souvenir shops, flea markets, street vendors, and online sales
- Since 2006, 11 multistate outbreaks reported to CDC

Challenges of Enforcing the Ban

- Loopholes to ban
 - Small signs with small print quoting ban
 - Internet sales with hidden disclaimer
 - Buy tank, get turtle free
 - Prize at carnival
 - Flea markets and street vendors



Limited resources at the local, state, and federal levels



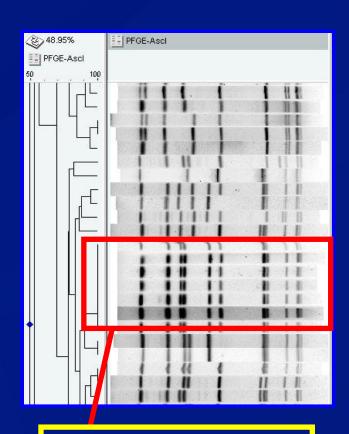
TURTLEPOCALYPSE 2012



EPIDEMIOLOGIC INVESTIGATION

PulseNet USA

- National molecular subtyping network for foodborne disease surveillance
- Network of >85 public health & regulatory laboratories
- Pulsed-field gel electrophoresis (PFGE)
- Electronically creates and shares "DNA fingerprints"
- "DNA fingerprints" stored in dynamic database at CDC

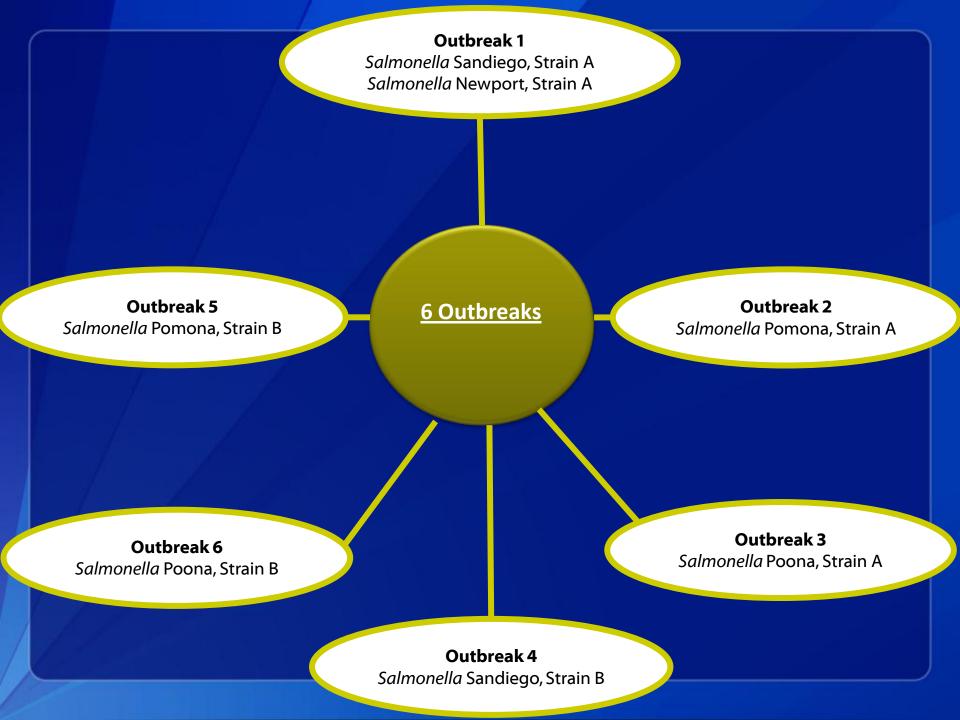


Cluster of indistinguishable patterns as "outbreak strain"

Outbreak Detection

- In January 2012, PulseNet detected a national increase in Salmonella Sandiego pattern JLXX01.0053
- PulseNet notified CDC epidemiologists of cluster
- State and local health departments contacted and performed case interviews
- Turtles emerged as hypothesis

Outbreak Detection Timeline: 6 Multistate Turtle-Associated Outbreaks **Turtle questionnaire** distributed **Outbreak Outbreak Outbreak January February** March **April** May **June** July **August Outbreak Outbreak Outbreak** 6



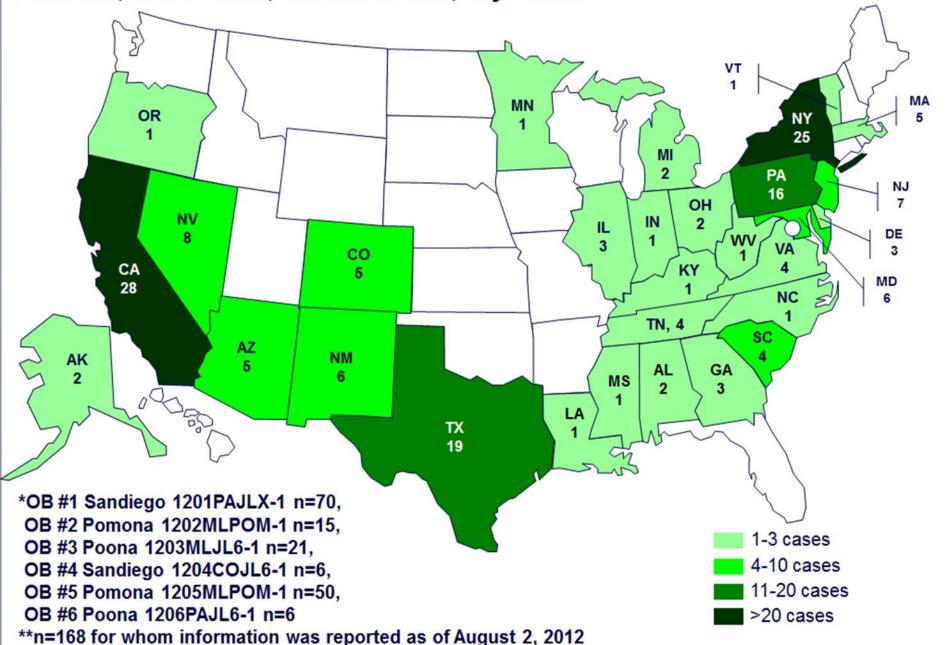
Case Definitions for 6 Multistate Turtle Associated Outbreaks in 2012

Outbreak #	Serotype	Strain (Xbal Pattern)	Illness Onset
1*	Salmonella Sandiego Salmonella Newport	Strain A (JLXX01.0053) Strain A (JJPX01.1253)	August 1, 2011 to present August 1, 2011 to present
2	Salmonella Pomona	Strain A (POMX01.0004)	December 1, 2011 to present
3	Salmonella Poona	Strain A (JL6X01.0104)	October 15, 2011 to present
4	Salmonella Sandiego	Strain B (JLXX01.0051)	February 15, 2011 to present
5	Salmonella Pomona	Strain B (POMX01.0002)	June 20, 2011 to present
6	Salmonella Poona	Strain B (JL6X01.0055)	April 1, 2012 to present

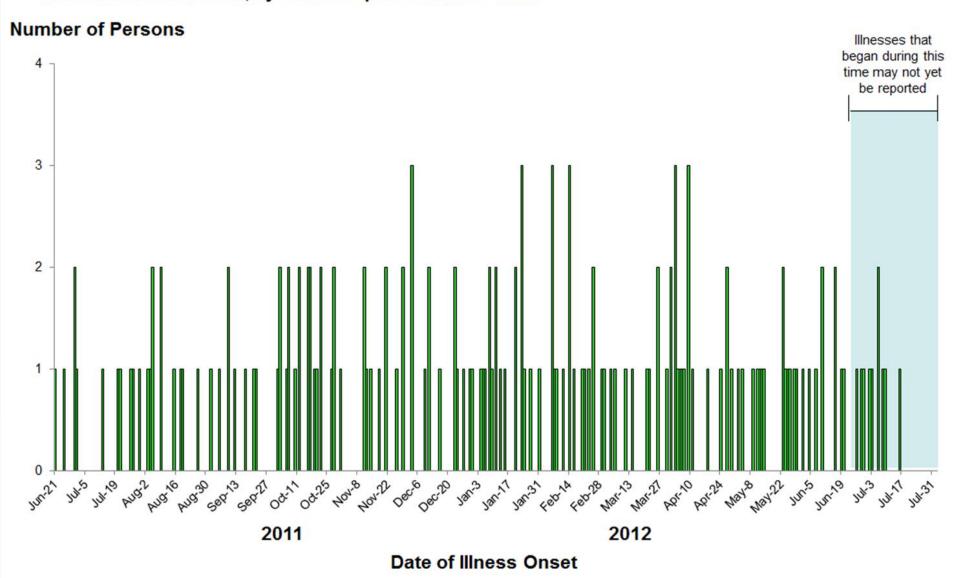
Outbreak 1 Salmonella Sandiego, Strain A Salmonella Newport, Strain A 70 ill persons in 15 states **6 Outbreaks Outbreak 5 Outbreak 2** Salmonella Pomona, Strain B Salmonella Pomona, Strain A 168 ill persons in 50 ill persons in 20 states 15 ill persons in 10 states 30 states **Outbreak 3 Outbreak 6** Salmonella Poona, Strain A Salmonella Poona, Strain B 21 ill persons in 11 states 6 ill persons in 3 states

Outbreak 4
Salmonella Sandiego, Strain B
6 ill persons in 3 states

Cases from Turtle-associated Outbreaks of *Salmonella* Sandiego, Pomona, and Poona, United States,* by State**



Persons infected with the outbreak strains of Salmonella Sandiego, Salmonella Pomona, and Salmonella Poona, by date of reported illness onset*



^{*} n=168 for whom illness onset date was reported as of August 2, 2012. Some illness onset dates have been estimated from other reported information.

Combined Demographics: 6 Outbreaks of Human Salmonella Infections Linked to Small Turtles

(as of August 2, 2012)

- Median age: 8 years (1-86 years)
 - 64% are age 10 or younger
 - 27% are age 1 or younger
- 57% female
- 34 ill persons hospitalized
- No deaths

Epidemiologic Findings

- High % of Hispanic ethnicity reported
 - 56% of all ill persons included in all 6 outbreak investigations are of Hispanic ethnicity



Epidemiologic Findings

- Turtle Exposure (n= 127)
 - 72% of ill persons reported turtle exposure prior to illness
 - 94% of ill persons reported exposure to turtle <4 inches
 - 84% reported owning or contact with red eared sliders

- Purchase (n= 63)
 - 39% report purchase from street vendors
 - 15% reported purchase from pet stores



ENVIRONMENTAL AND TRACEBACK INVESTIGATIONS

Environmental and Traceback Investigations

- States with outbreak-associated cases
 - Environmental sampling of turtles and turtle tank water from casepatient homes
 - Detailed purchase information obtained from patients for traceback investigations
 - Collected and tested turtles and tank water from retail stores

Outbreak 1 Salmonella Sandiego, Strain A Salmonella Newport, Strain A 70 ill persons in 15 states **6 Outbreaks Outbreak 5 Outbreak 2** Salmonella Pomona, Strain B Salmonella Pomona, Strain A 168 ill persons in 50 ill persons in 20 states 15 ill persons in 10 states 30 states **Outbreak 3 Outbreak 6** Salmonella Poona, Strain A Salmonella Poona, Strain B 21 ill persons in 11 states 6 ill persons in 3 states

Outbreak 4
Salmonella Sandiego, Strain B
6 ill persons in 3 states

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Outbreak 4

Salmonella Sandiego, Strain B 6 ill persons in 3 states

Outbreak 1

Salmonella Sandiego, Strain A Salmonella Newport, Strain A 70 ill persons in 15 states

> Sampling from home of *Salmonella* Sandiego, Strain A yielded <u>two</u> strains: Outbreak 1, *Salmonella* Sandiego, Strain A Outbreak 2, *Salmonella* Pomona, Strain A

Outbreak 5Salmonella Pomona, Strain B
50 ill persons in 20 states

6 Outbreaks
168 ill persons in
30 states

Outbreak 2
Salmonella Pomona, Strain A
15 ill persons in 10 states

Outbreak 6 Salmonella Poona, Strain E 6 ill persons in 3 states Salmonella Poona, Strain A 21 ill persons in 11 states

Outbreak 4
Salmonella Sandiego, Strain E
6 ill persons in 3 states

Outbreak 1

Salmonella Sandiego, Strain A Salmonella Newport, Strain A 70 ill persons in 15 states

Sampling from home of Salmonella Sandiego, Strain A case yielded:

Outbreak 1, Salmonella Newport, Strain A Outbreak 5, Salmonella Pomona, Strain B

Epi Link

Outbreak 5

Salmonella Pomona, Strain B 50 ill persons in 20 states

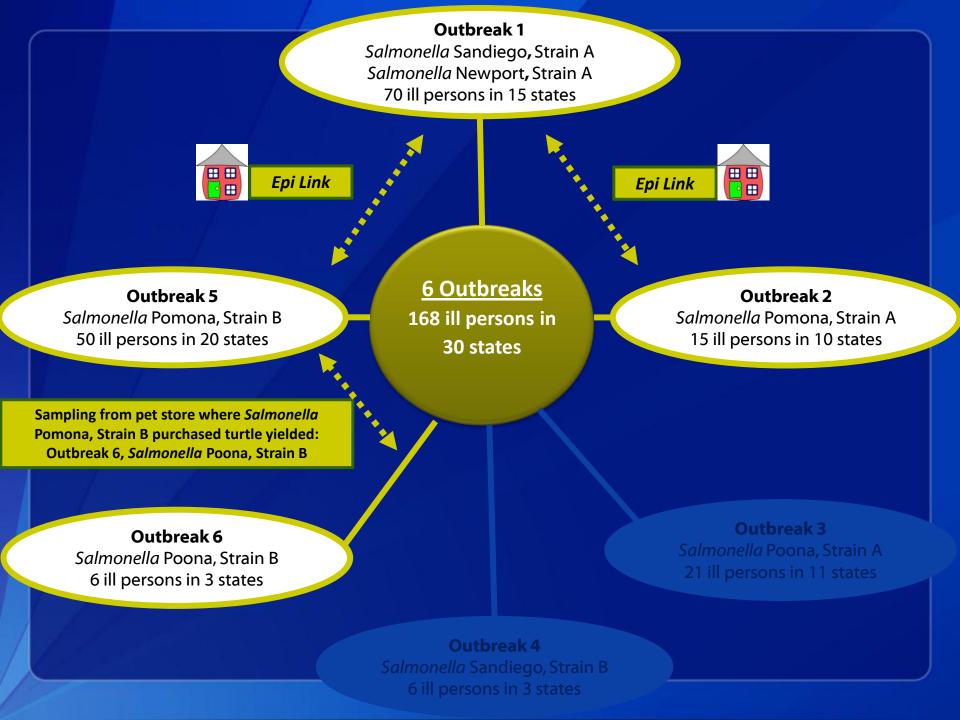
6 Outbreaks

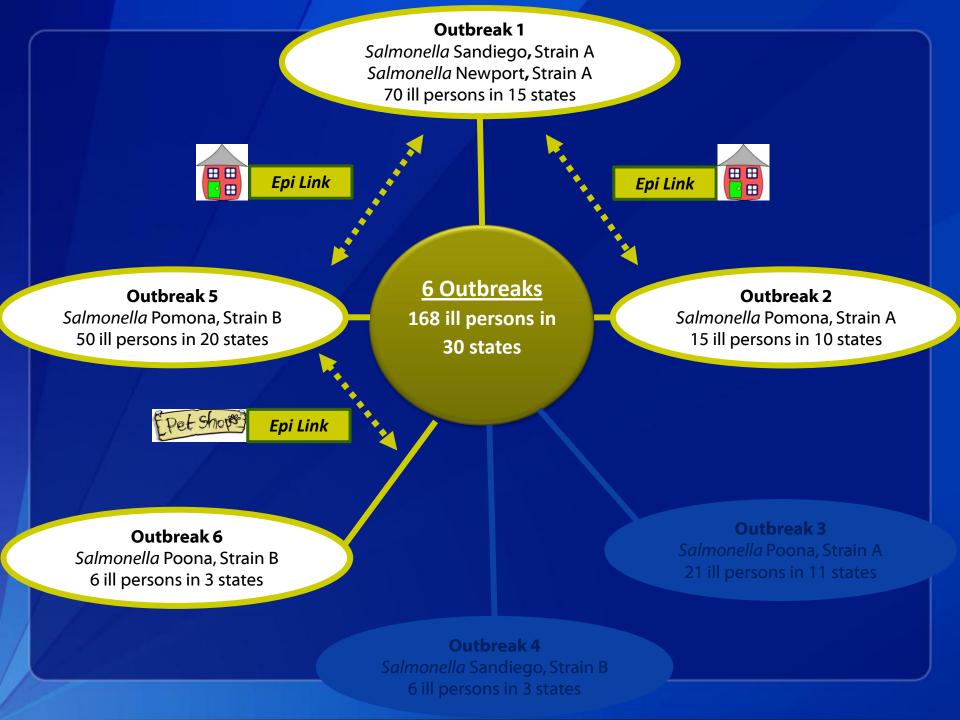
168 ill persons in 30 states

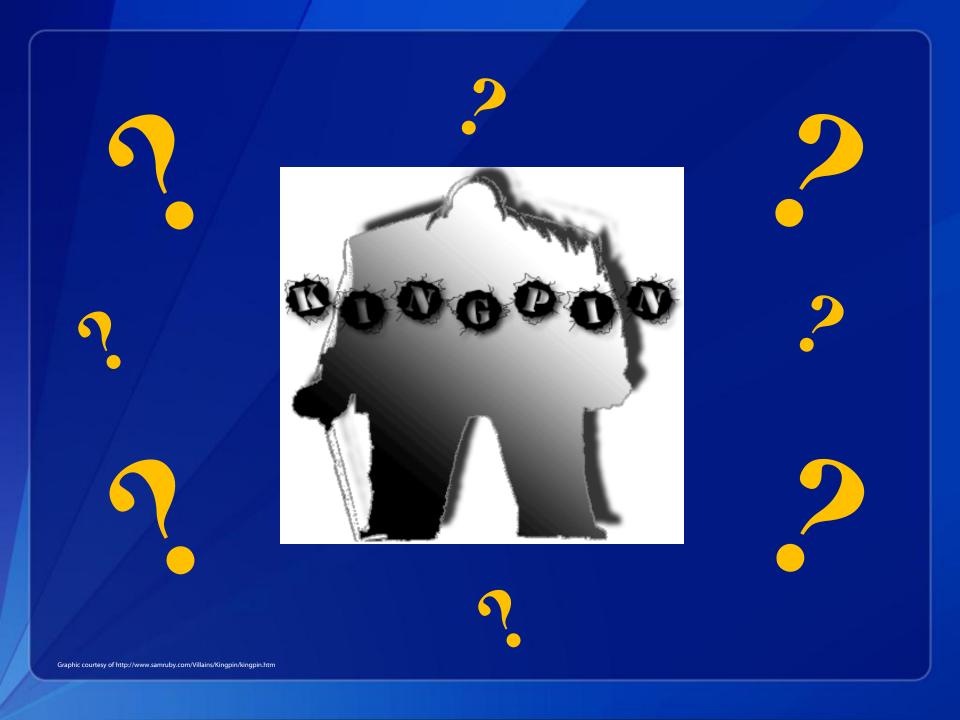
Outbreak 2

Salmonella Pomona, Strain A 15 ill persons in 10 states

Outbreak 4







Traceback Investigations

- Numerous state and local health departments performed traceback investigations
 - Challenging, inadequate records
 - Street vendors or flea markets
 - 20% received as gifts
- Goal: to identify stores with purchase records and turtle farms associated with outbreaks

Documentation to Support Investigations

- Bills of Landings
- Receipts that show sale of turtles <4 inches from source suppliers to customers
- Proof of turtle size
 - Photographs
 - Use small object to verify actual turtle size
- Sworn statement (e.g. affidavit)
- States should collect all information when states visit turtle vendors

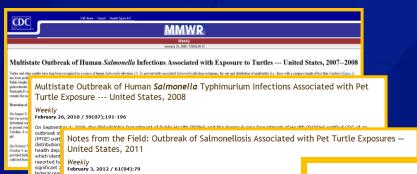
Education and Recommendations

PREVENTION

Education and Recommendations

- Collaboration needed at all levels community, local, state, and federal
- Goal: to educate everyone about the risk of Salmonella infection from handling turtles
 - General Public
 - Pet Stores and Employees
 - Pet Industry
 - School and Daycares
 - Health Professionals and Veterinarians
 - Shelter staff
 - Education Centers

Health Professionals





small turtle CDC is collaborating with the Pennsylvania State Health Department in an ongoing investigation of an ou Paratyphi B var. L (+) tartrate + infections associated with pet turtle exposures. Turtles have long been infections and are a particular risk to young children (2). Although the sale or distribution of small turtles On July 9 7 cm]) has been prohibited in the United States since 1975 (with exceptions for scientific or educational pu

During August 5, 2010–September 26, 2011, a total of 132 cases of human Salmonella Paratyphi B var. L states. The median age of patients was 6 years (range; <1-75 years), 66% were aged <10 years, and

Medscape Today



Provider Resources for Va





From CDC Expert Commentary

Pets Can Make People Sick

Casey Barton Behravesh, MS, DVM, DrPH

Authors and Disclosures

Posted: 08/22/2011



Hi, I am Dr. Casev Barton Behravesh, an epidemiologist in the Outbreak Response and Prevention Branch at the Centers

for Disease Control and Prevention (CDC). I am also a veterinarian with a pet dog and cat and the mother of 2 young children. Today, I am pleased to speak with you as part of the CDC Expert Video Commentary Series on Medscape, I will be talking with you about how certain pets can make people sick and the steps you can take to help protect your patients and their families.

Pet ownership has many positive



From CDC Expert Commentary

Pet Turtles Can Make People Sick: Guidance for Clinicians

Janell Routh, MD

Authors and Disclosures

Posted: 06/25/2012

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Small Turtles Can Make People Sick

Small turtles have been making people sick for decades. Clinicians need to take specific steps to help protect patients and their families. In the United States, selling turtles with a shell less than 4 inches in length has been banned by the US Food and Drug Administration (FDA) since 1975.[1] Despite the FDA's ban, small turtles continue to be sold in a

▶ Small Turtles Can Make People Sick

Preventing the Spread of Zoonotic Salmonellosis

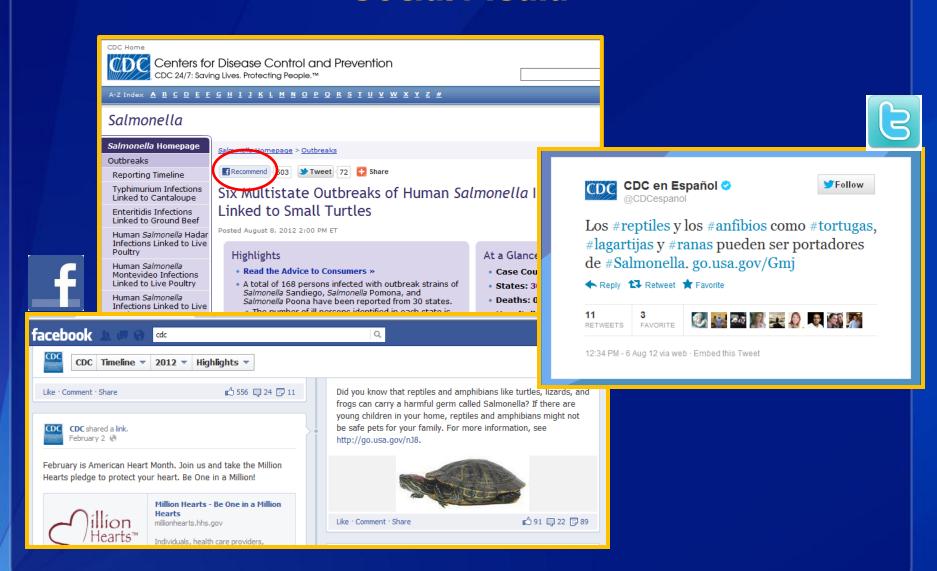
Symptoms of Salmonella Infection

References

variety of venues, including stores, flea markets, and fairs, and from roadside or street vendors.

The Centers for Disease Control and Prevention (CDC) recently published a report^[2] describing an outbreak involving 132 people who became ill with salmonellosis from August 2010 to September 2011 that was linked to contact with small turtles and their habitats. During this outbreak, interviews were conducted with 56 patients, and 36 (64%) of them reported exposure to a turtle in the week preceding their illness. For 15 patients who could recall the type of turtle they touched, 14 identified small turtles with a shell length of less than 4 inches. These turtles were subject to the FDA ban and should not have been for sale to the public.

Social Media



Consumers/ General Public



Search by Animal

Health Information

- ▶ Browse by Animal
- Browse by Disease

Prevention Tools

- For People at Extra Risk
- For Health Professionals

Go To...

- Glossary
- Resources
- Outbreak Response and Prevention Branch



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Educational Material

Lavez vos mains, après avoir touché des amphibies ou des reptiles, pour ne pas tomber malade!



Le contact avec des amphibies (comme les grenouilles et les crapauds) et des reptiles (comme les tortues, les serpents et les lézards) peut être une source de contamination à la salmonelle pour les humains.

Les petites tortues, avec une carapace de moins de 10 centimètres, sont une source de contamination à la salmonelle bien connue, surtout pour les ieunes enfants. Pour éviter ce risque, la « Food and Drug Administration » (Agence fédérale américaine des produits alimentaires et médicamenteux) interdit la vente de ces tortues depuis 1975.

Des microbes de la salmonelle peuvent provoquer chez les humains une diarrhée, plus ou moins sérieuse, et même entraîner un risque vital.

Les amphibies et les reptiles peuvent être contaminés par les microbes de la salmonelle et

Des microbes de la salmonelle se retr léjections et peuvent facilement contaminer leurs corps et leur e

Les reptiles et les amphi aguariums peuvent contaminer l'eau av

cre les microbes

atement après avoir touché des s leur environnement et l'eau des réservoirs

aux jeunes enfants à se laver les mains

ont défaut, utilisez du gel hydroalcoolique en attendant. Ensuite, res mains avec de l'eau et du savon dès que vous le pouvez.

Pour pr a contamination, ne laissez pas des amphibies ou des reptiles dans la cuisine ou d'autres endroits où la nourriture est préparée, servie ou consommée.

Les réservoirs, aquariums ou autres équipements et matériels utilisés pour élever et soigner les amphibiens et reptiles doivent être nettoyés à l'extérieur. Il est important de se souvenir que l'eau des réservoirs et aquariums peut être contaminée à la salmonelle ou autres

Ne laissez pas les jeunes enfants de moins de 5 ans, les personnes âgées ou les personnes au système immunitaire affaibli toucher ou tenir des amphibies ou rentiles

Ne gardez pas les réservoirs contenant des amphibies ou reptiles dans la chambre d'un enfant,

surtout les jeunes de moins de 5 ans.

Ne laissez pas des reptiles ou amphibies en liberté dans votre maison. Ne nettoyez ni les animaux ni leurs aquariums dans l'évier de votre cuisine. Si la baignoire est utilisée pour nettoyer un réservoir, celle-ci doit être soigneusement nettoyée à l'eau de javel pour la désinfecter.

Pour plus d'information appeler 1-800-CDC-INFO ou consulter le site www.cdc.gov.

Division of Foodborne, Waterborne, and Environmental Diseases

ouch amphibians or reptiles, hands so you don't get sick!



Small turtles, with a shell length of less than 4 inches, are a well kno human Salmonella infections, especially among young children. Be-Food and Drug Administration has banned the sale of these turtles

Salmonella germs can cause a diarrheal illness in people that can be mile life threatening.

Amphibians and reptiles can carry Salmonello

Salmonella germs are shed in their drecontaminat anything in areas where these anir

Reptiles and amphibians

Protect \ arms

right after touching o here they live and roam, o

d washing for young children.

e not readily available, use a hand sanitizer right as thoroughly with soap and water as soon as you ca

contamination, keep amphibians and reptiles out of kitchens where food and drink is prepared, served, or consumed.

Tanks feed or water containers, and any other equipment or materials u caring for amphibians and reptiles should be cleaned outside the house equipment and materials, including the tank water, can be contaminate and other germs.

Don't let children younger than 5 years of age, older adults, or people witl systems handle or touch amphibians or reptiles.

Don't keep habitats containing amphibians or reptiles in a child's bedroor younger than 5 years of age.

Don't let reptiles and amphibians roam free in your home.

Don't bathe animals or their habitats in your kitchen sink. If bathtubs are used for these purposes, they should be thoroughly cleaned afterward. Use bleach to disinfect a tub or other place where reptile or amphibian habitats are cleaned.

For more information, call 1-800-CDC-INFO or visit www.cdc.gov

Division of Foodborne, Waterborne, and Environmental Diseases

Si toca anfibios o reptiles, :lávese las manos para no enfermarse!

El contacto con anfibios (como ranas y sapos) y reptiles (como tortugas, viboras y lagartijas) puede ser una fuente de infecciones por Salmonella en las personas.

Las tortugas pequeñas, con caparazón de menos de 4 pulgadas, son una fuente conocida de infecciones por Salmonella, especialmente en niños pequeños. Por esta razón, la Administración de Alimentos y Medicamentos (FDA) prohibió la venta de estas

Los gérmenes de Salmonella pueden causar enfermedades diarreicas en las personas, desde leves hasta graves, e incluso la muerte.

Los anfibios y reptiles pueden ser portadores de o s de Salmonella aun cuando se vean limpios y sanos.

Los gérmenes de Salmonella se pasar ales y pueden contaminar fácilmente su cuerpo y todo lo a abitan.

Los anfibios y reptiles qu

un después de tocar o alimentar a anfibios odea en el área o el agua en que habitan o

ue los niños pequeños se laven bien las manos.

apón, use un desinfectante para manos hasta que se las pueda lavar v jabón lo más pronto posible.

a la contaminación, no permita que hava anfibios o reptiles en la cocina o en otras áreas donde se preparan o consumen alimentos y bebidas.

Los tanques, recipientes de alimentos y de aqua y todos los materiales o equipos utilizados para cuidar de los anfibios y reptiles deben limpiarse afuera de la casa. Tenga en cuenta que estos materiales, hasta el agua del tanque, pueden estar contaminados con Salmonella y

No deje que los niños menores de 5 años de edad, los ancianos o las personas que tengan sistemas inmunitarios debilitados toquen o agarren anfibios o reptiles.

No mantenga las peceras o recipientes con anfibios o reptiles en los dormitorios de sus niños, especialmente si son menores de 5 años de edad.

No deje que los anfibios o reptiles anden sueltos por su casa.

No lave a estos animales ni sus recipientes en la cocina. Si los lava en la bañera, limpiela muy bien después de usarla. Use blanqueador para desinfectar las áreas que utilice para limpiar los recipientes de los anfibios o reptiles.

Para más información, llame al 1-800-CDC-INFO o visite www.cdc.gov.

Division of Foodborne, Waterborne, and Environmental Disease



General Recommendations

- Basic ways to reduce risk for transmission of Salmonella from reptiles to humans
 - Thoroughly was hands with soap and water
 - Households with children <5 years should not have reptiles</p>
 - Do not buy small turtles from street vendors, websites, pet stores, or other sources
 - Keep reptiles away from food preparation areas
 - Schools and child care facilities should not have reptiles





Photo Courtesy of Alison Laufer, EISO Class of 2013

Unwanted Turtles

- Petco Turtle Relinquishment Program
 - Petco accepts unwanted turtles at any Petco location
 - Includes turtles <4 inches
 - Sent to a turtle farm
 - >70 unwanted turtles collected since May 2012
 - www.petcoscoop.com

The Petco Turtle Relinquishment Program

written by Lori Wildrick on May 23rd, 2012 | Deave a comment



The Turtle Relinquishment Program is designed to help turtle fans return turtles that have a carapace length of less than 4 inches.

Due to recent Salmonella outbreaks, the U.S. Centers for Disease Control (CDC) is encouraging anyone who has an aquatic turtle smaller than the federally mandated 4-inch carapace length to relinquish them in an effort to prevent further spread of the disease.

"The sale and distribution of turtles with carapace lengths less than four inches has been prohibited in the United States since 1975," said Dr. Thomas Edding, VP of Veterinary Medicine, "yet they are still available for illegal purchase through street vendors, flea markets and fairs. Most of these turtles come from substandard breeding farms that do not utilize the latest egg disinfecting, hatching and grow out technologies to reduce the chance of Salmonella in their turtles. We want to do our part at Petco to help ensure the public has a chance to purchase healthy, legal turtles as well as reduce the population of illegal turtles in people's homes."

Turtle owners wishing to relinquish turtles with carapace lengths of less than four inches can bring them to any Petco. The turtles will be sent to Concordia Turtle Farms where they will live and be cared for in Concordia ponds. Concordia, who is partnering with Petco for this initiative, is a family owned and operated producer of farm-raised turtles. which has been their specialty since 1968. Find your local Petco here.

Final thoughts

- Despite state laws and federal regulations, small turtles continue to be available to the public for sale
- Turtles continue to be identified as a source of human Salmonella infections, and are a public health problem
- Children are at high risk for turtle-associated Salmonella infections
- Education is critical for prevention of infections
- Collaborative investigations to identify
 - Small turtle-associated outbreaks
 - Suppliers, distributors, or turtle farms

Acknowledgements

State and Local Health Departments

<u>& Public Health Laboratories</u>

Alabama

Mississippi

Alaska

Missouri

Arizona

Nevada

California

New Jersey

Colorado

New Mexico

Delaware

New York

Florida

North Carolina

Georgia

Ohio

Illinois

Oregon

Kansas

Pennsylvania

Kentucky

South Carolina

Louisiana

Tennessee

Maryland

Texas

Massachusetts

Vermont

Michigan

Virginia

Minnesota

West Virginia

Centers for Disease Control

and Prevention

PulseNet Database Team

Outbreak Assessment Unit

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Stacey Bosch

Thai-An Nguyen

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U.S. Food and Drug

Administration
Susan Lance

FDA District Offices

U.S. Food and Drug

Administration, Center

for Veterinary Medicine

Tracey Forfa

Dillard Woody

For more information on "Turtlepocalypse 2012", please email isf3@cdc.gov



Thank you!

For more information please contact Centers for Disease Control and Prevention

1600 Clifton Road NE, Atlanta, GA 30333

Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348 E-mail: cdcinfo@cdc.gov Web: http://www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

