

# GOOD LABORATORY PRACTICE

## SAMPLE COLLECTION - URINE - CLEAN VOIDED

### BEFORE COLLECTION

- ◆ Train on procedure
- ◆ Check requisition and patient ID
- ◆ Get supplies
  - Sterile container - patient cleansing kit and patient instructions
- ◆ Specimen required
- ◆ Freshly voided urine (first morning specimen preferred) - Fresh bladder catheter specimen or suprapubic aspiration are acceptable
- ◆ Label container
  - Patient name, unique identifier, date and time collected
- ◆ Wash your hands - put on gloves

### INSTRUCT PATIENT

- ◆ Instruct patient in cleansing and obtaining midstream sample
- ◆ Provide written instructions to the patient
- ◆ Verify the instructions with patient

### AFTER COLLECTION

- ◆ Put on gloves to handle sample
- ◆ Screw lid on tightly
- ◆ Put specimen in a biohazard bag for transport
- ◆ Deliver fresh samples to testing laboratory immediately or refrigerate samples at 2 - 8°C or transfer to a preservative tube if not cultured immediately



This publication was supported 100% by Cooperative Agreement Number #U60/CD303019 from Centers for Disease Control and Prevention ("CDC"). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.