

# GOOD LABORATORY PRACTICE

## SAMPLE COLLECTION - SPUTUM

### PREPARE PATIENT

- ◆ Tell patient to drink plenty of fluids the night before. First morning specimen is preferred.

### BEFORE COLLECTION

- ◆ Train on procedure
- ◆ Check requisition and patient ID
- ◆ Get supplies
  - Sterile screw-capped container and tissues
- ◆ Label container
  - Patient name, unique identifier, date and time collected
- ◆ Wash hands - put on gloves



### COLLECTION

- ◆ Tell patient to do the following:
  - Sit upright
  - Take three deep breaths,
  - Cough deeply to bring sputum from lungs
  - Spit sputum into the container
  - Do not place mouth on container lip or collect saliva or nasal drainage



### AFTER COLLECTION

- ◆ Screw lid on tightly
- ◆ Place specimen in a biohazard container - transport to the testing laboratory
- ◆ Remove gloves - dispose in biohazard container - wash hands



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